



Schedule

MONDAY

12:00PM KICKBOXING BOOTCAMP (VRC)

6:00PM TAEKWONDO

7:00PM JUDO

7:30PM KICKBOXING BOOTCAMP (VRC)

TUESDAY

12:00PM KICKBOXING BOOTCAMP

6:00PM BOXING BOOTCAMP

6:30PM FAMILY TAEKWONDO (VRC)

7:00PM ADULT TAEKWONDO (13 & UP)

WEDNESDAY

10:00AM BOXING BOOTCAMP

12:00PM KICKBOXING BOOTCAMP (VRC)

6:00PM TAEKWONDO

7:00PM KICKBOXING BOOTCAMP

THURSDAY

10:00AM BOXING BOOTCAMP

12:00PM KICKBOXING BOOTCAMP

6:00PM TAEKWONDO

7:00PM BOXING BOOTCAMP/ADULT TAEKWONDO

FRIDAY

12:00PM KICKBOXING BOOTCAMP

5:00PM KICKBOXING BOOTCAMP

6:00PM JUDO

6:30PM FAMILY TAEKWONDO (VRC)

7:00PM OLYMPIC TAEKWONDO SPARRING

SATURDAY

9:00AM BOXING BOOTCAMP

10:00AM ADVANCED TAEKWONDO

11:00AM JUDO GROUND WORK

Pricing

MARTIAL ARTS PACKAGE

UNLIMITED CLASSES

\$65/MONTH

WITH ONE YEAR

CONTRACT

(ANY TAEKWONDO/JUDO CLASSES)

KICKBOXING/BOXING PACKAGE

UNLIMITED CLASSES

\$65/MONTH

WITH ONE YEAR

CONTRACT

(ANY KICKBOXING/BOXING CLASSES)

MARTIAL ARTS MONTH TO MONTH PAYMENT

\$99/MONTH

LIMIT THREE CLASSES PER WEEK

KICKBOXING/BOXING MONTH TO MONTH PAYMENT

\$99/MONTH

LIMIT THREE CLASSES PER WEEK

(DROP IN \$12/CLASS- KICKBOXING AND BOXING CLASSES ONLY)